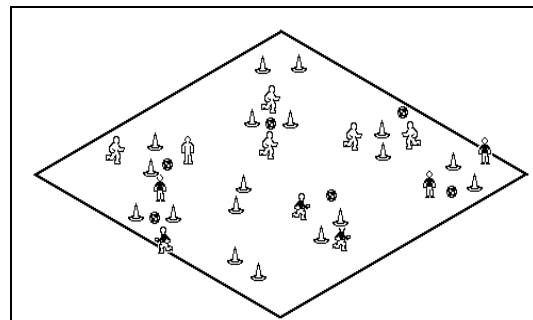


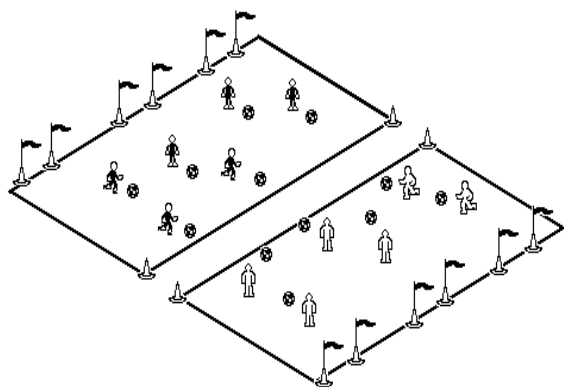


1) Gates Passing---This game will start out as a review of dribbling. Dribble through as many gates as you can in an allotted amount of time. Then, a similar game will be played, where the players are now paired up and must successfully pass the ball through the cones to their teammate to earn a point. Again, players try to accumulate as many points as possible in the time allotted. Similar to previous game, have them pass only with their left foot or right foot, or the outside of their foot. They can not go back through the same gate twice in a row. (15 minutes)



2) Piggy in the Middle---In this game, two players are working together by playing two touch around a ball or cone that is placed between them. Each player should be at least 5 yards away from the object in between them. The goal is to have a positive first touch so that the passer can see past the object in the middle and make a pass to their team mate without hitting the ball/cone in the middle. Their team mate then returns the ball in the same fashion with two touches and not hitting the object. The ball can go around either side of the object. Pairs count the number of passes without a mistake to compare to the other pairs. The pair with the highest number of consecutive passes gets to take on the coaches in front of the whole group. (10 minutes)

3) Keep Your Yard Clean---Break group into two teams and have each team stay only on their half of the field. Place a 4 yard buffer zone between halves that no one can enter or cross. Each player needs a ball. Both teams pass with the inside of their feet into the other team's half in an attempt to have the ball stop in the other team's half (not go out of bounds). Players cannot cross the buffer zone or go into the other half. Balls get recycled naturally in the game. This is a competition and the team with the least number of balls in their half at the end of each 1 minute game is the winner. Play 2 or 3 games and have teams re-strategize between each game. (15 minutes)



4) 6v6 To Goals---In a 45x35 field (20 minutes)