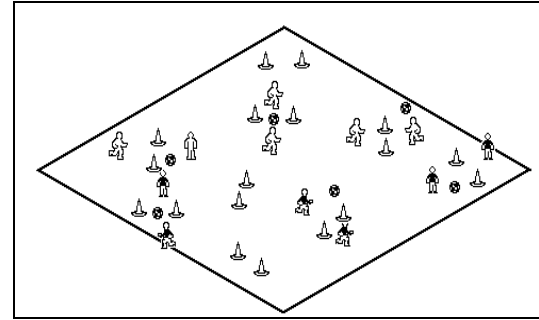


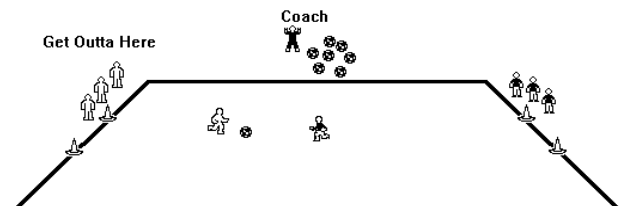


**1) Gates Passing**---This game will start out as a review of dribbling. Dribble through as many gates as you can in an allotted amount of time. Then, a similar game will be played, where the players are now paired up and must successfully pass the ball through the cones to their teammate to earn a point. Again, players try to accumulate as many points as possible in the time allotted. Similar to previous game, have them pass only with their left foot or right foot, or the outside of their foot. They can not go back through the same gate twice in a row. (15 minutes)



**2) Piggy in the Middle**---In this game, two players are working together by playing two touch around a ball or cone that is placed between them. Each player should be at least 5 yards away from the object in between them. The goal is to have a positive first touch so that the passer can see past the object in the middle and make a pass to their team mate without hitting the ball/cone in the middle. Their team mate then returns the ball in the same fashion with two touches and not hitting the object. The ball can go around either side of the object. Pairs count the number of passes without a mistake to compare to the other pairs. The pair with the highest number of consecutive passes gets to take on the coaches in front of the whole group. (10 minutes)

**3) Get Outta Here**---Place two small (2 yard) goals at the end of a field 15 x 10 yards. Place half of team behind each goal and coach stands at halfway line with all balls. When coach plays out a ball the first two players (one from each team) run out and try to score on each other's goal by dribbling through it. If the ball goes in the goal or out of bounds, the coach yells "get outta here" and plays in a new ball immediately for the next two players. *Version 2:* Coach can stop yelling "get outta here" after a while and see if players recognize when balls go out and are attentive. *Version 3:* Coach can vary service of ball. Sometimes play it to one player, sometimes toss the ball up in the air. *Version 4:* Have the first two players from each group come out each time a new ball is played they play 2 vs. 2. *Version 5: Numbers*---Same set up as Get Outta Here, but teams assign numbers (1-6) to each player and when coach calls out a number, the players from each team with that number come out to play 1vs.1. Coach can set up particular match-ups and can call out more than one number at a time for 2 vs. 2 or 3 vs. 3 etc. (15 minutes)



**4) 6v6 To Goals**---In a 45x35 field, place two 4 yard goals along the two 35 yard lines. Let the players play a regular game, perhaps stopping the game 1-2 times to highlight good dribbling and opportunities that are there to take people on in the right part of the field. (20 minutes)